



National Centre for Restorative Justice in Youth Settings
Mortimer Hill // Mortimer // Berkshire // RG7 3PW
0118 9331520 // belinda@transformingconflict.org // www.transformingconflict.org



NATIONAL CENTRE FOR RESTORATIVE JUSTICE IN YOUTH SETTINGS

// SCHOOLS // CHILDREN'S HOMES



// YOUTH SERVICES // YOUNG OFFENDERS' INSTITUTIONS

NATIONAL CENTRE FOR **RESTORATIVE JUSTICE** IN YOUTH SETTINGS

Do you work or live with young people and are you looking for fresh ideas on how to **deal effectively with the challenges that can arise on a daily basis?**

Are you frustrated that your existing strategies to deal with conflict and challenging behaviour do not seem to make a difference?

Would you welcome an approach that gives **young people a greater sense of responsibility**

and connection towards each other and also improves your relationship with them?

We can help!

We are the UK's **leading provider of restorative training and consultancy** for anyone working with young people who

wishes to develop their skills in:

// Building and maintaining relationships in demanding situations.

// Dealing with angry individuals (young and old!)

// Helping people resolve their own conflicts using mediation.

// Addressing the

needs of all those affected by a bullying incident.

// Encouraging accountability and reparation when wrongdoing has caused harm.

// Developing a culture of mutual respect, support, trust and belonging in their classroom/school/staff team/care home/institution.

AN INTRODUCTION TO RESTORATIVE SKILLS

This is the course you need if you want to be able to offer the full range of restorative approaches in your setting.

We recommend that you allow six days, spread over several weeks, to allow time for practice in between

sessions. However we can cover the course in

five longer days if necessary. The course is lively,

experiential, challenging and fun.

Our team of experienced trainers can

travel to you anywhere in the UK, and even

overseas, to offer you a course to suit your needs.

“The course is
**lively, experiential ,
challenging and fun**”



5-DAY RESIDENTIAL COURSES

We run regular open access courses, attended by **participants from different backgrounds.**

Teachers, behaviour support professionals, youth workers and youth justice professionals to name a few.

Past course members attest to the value of meeting with others from different areas and to the wealth of experience and knowledge which can be shared.

We aim to run four residential courses a year - in the Spring, Summer, Autumn and Winter.



For details of all our courses and seminars visit our website www.transformingconflict.org. If you prefer give us a ring on **01 18 9331520** or write to belinda@transformingconflict.org

INSET AND SHORT COURSES

We offer **one, two, three and four day courses** that provide elements of a restorative approach.

Although it is useful for as many staff as possible to have the full training in order to understand what level of intervention is appropriate for which situation, nevertheless time constraints may mean identifying to what level of skill you need certain staff to be trained.

Please contact us to discuss your staff needs and what they hope to be able to do after the training.



TRAINING FOR TRAINERS OF RESTORATIVE SKILLS

Meet with other experienced practitioners, refresh your own skills, practice training in small groups, receive constructive feedback from the group on your course design and delivery, and **learn more about effective coaching during role play.**

The recommended route for trainers is :

1. Personal experience of the basic full

skills in school/ residential settings

– gaining experience and understanding

parents but also the logistical implications of making time for these exchanges and meetings in

organizational change along restorative lines – a process now recognized to take from between 3 – 5 years in a large school, for example.

3. Returning after between 3 – 6 months (depending on how much experience in the field can be gained) for a **full 5 day Training for Trainers course.**

“Learn more about **effective** coaching during role play”

introductory course.

2. **A practice stage when people use their**

not only of the **impact of dealing restoratively with young people, staff and**

a busy day. This experience also develops the insights required to support senior managers in

Prior to the course we would encourage future trainers to have **read widely in the field**, not only educational

materials but also the wide literature about **theories and applications in other settings**. It is important to



feel comfortable with this field and be able to share your knowledge during the course, and use it to inform the way you respond to particular issues as they arise.

SEMINARS

Transforming Conflict runs regular seminars for project managers involved in **implementing restorative approaches in schools, care homes** and other youth settings.



These events are informal and numbers are small enough for everyone to have a chance **to network and share best practice.**

If we have not planned a seminar that meets your particular circumstances please let us know and we can see if there is sufficient

interest to do so. We can also offer courses on **Peer Mediation, Peer Mentoring, Dealing with Challenging People** and **Working in Circles.**

ACCREDITATION

Our full 5/6 day course is currently accredited by the **Open College Network (OCN)**. Opting to prepare for this involves completing a reflective workbook. **Please contact us for further details.** Participation incurs an extra fee of £150 per person to cover moderators' charges and marking.

We are currently developing links with a local university and hope to offer **certificates and diplomas in restorative practice at varying levels** (including post-graduate) in the near future.

WHAT PEOPLE HAVE SAID ABOUT OUR COURSES

“ This excellent course was well presented, and was extremely relevant to those involved with young people, conflict and behaviour management.

The skills learnt on this **excellent course** can **permeate through so much of our practice.**

This was a brilliant course with excellent facilitators. The content was varied and challenging and good opportunities were provided to work with a range of people.

The most significant aspect of the course for me was the depth to which we were able to go in our thinking, and in practising skills, because of the length of the course.”

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